through all kinds of seemingly ridiculous exercises such as running, walking in a crouched position and calisthenics, all of which contribute to the perfection of a player. The training of the speaking voice calls for similar attention in exercising the organs of speech by drills in vocalizing the vowels and consonants, placing the voice so that it will resound against the frontal bones of the face, and exercising the lips to relieve rigidity.

With the proper attention and the advice of a master, a pleasing voice can be and should be the possession of every intelligent person. The development of this gift is within his power and every available opportunity should be sought in its acquisition. If speech is one of the greatest of God's gifts, then we can return no better thanks than making an effort to make use of

that gift to every possible advantage.

## "Unto His Own"

The Son of God has come to earth Amidst the wintry snows; The Lord of lords, the King of kings Is wrapt in swaddling clothes!

O pilgrim-heart of man rejoice, And bless this Holy Night: For there is come unto your path The Life the Way the Light!